

**Vita Health**

Phone: 844-866-8336

Telehealth appointments only.

Specializes in suicide prevention and care after an attempt.

Anxiety, Depression, ADHD, and more.

Ages 10-24 years old.

Family therapy available for some younger children.

[vitahealth.care](http://vitahealth.care)

Meliora Health

Phone: 855-675-1849

Telehealth appointments only.

ADHD, Trauma, LGBTQ+, anxiety, depression, & more.

Ages 5-25 years old.

<https://meliora-health.com/>

**Equip**

Phone: 855-387-4378

Virtual Only

Family – based treatment for eating disorders

<https://equip.health/>

**Parent Family Solutions**

Phone: 717-602-5560

160 S. Progress Ave Ste 3A

Harrisburg, PA 17109

Teletherapy offered.

[parentfamilysolutions.com](http://parentfamilysolutions.com)

**Eric Alnor Counseling**

Phone: 717-462-2928

4076 Market St Ste 210

Camp Hill, PA 17011

specializes in adolescents ages 14 and up.

Depression, anxiety, and relationship/family issues

**Mindful Care Counseling**

Kyle Newkum

Phone: 717-356-9793

1007 N. Front Ste 101A

Harrisburg, PA 17102

Ages 5 yrs and up behavioral issues, anxiety, depression, ADHD

[mindfulcarecounseling.org/index.html](http://mindfulcarecounseling.org/index.html)

**Maria Amatucci, LCSW**

Phone: 717-614-9717

4076 Market St. Ste 206

Camp Hill, PA 17011

Preschool age and up; parenting counseling available; play therapy; ADHD; PTSD; multi-cultural and gender issues; eating disorders

**Mazzitti & Sullivan Counseling Services**

Phone: 717-590-7607

5021 East Trindle Rd., First Floor

Mechanicsburg, PA 17050

Adolescents ages 13+ struggling with substance use

Partial Hospitalization Program and Intensive Outpatient Program offered

[mazzittiandsullivan.com](http://mazzittiandsullivan.com)

**Cachara & Associates**

Phone: 717-220-8980

25 State Ave. Ste 2

Carlisle, PA 17013

Sees children and teens, parent-child joint therapy, sibling sessions, and group therapy.

[bec-psychotherapy.com](http://bec-psychotherapy.com)

**Riegler, Shienvold & Associates**

Phone: 717-540-1313

2151 Linglestown Rd. Ste 200

Harrisburg, PA 17110

young children and up, parent counseling available

[rieglershienvold.com](http://rieglershienvold.com)

**Hershey Psychological Services**

Phone: 717-671-9688

6100 Jonestown Rd.

Harrisburg, PA 17111

Phone: 717-533-5311

431 East Chocolate Ave, Ste 2

Hershey, PA 17033

[hersheypsychservices.com](http://hersheypsychservices.com)

**Sleber Associates, PC**

Richard Sleber, M.A.

Phone: 717-238-0885

2626 N. Third St. Ste 3B

Harrisburg, PA 17110

Ages 3 yrs and up; parenting counseling

available  
Psych eval only for gateway

**Highmark Caring Place**

Phone: 866-613-4673  
3 Walnut St. Ste 200  
Lemoyne, PA 17043  
Grief counseling for children and families  
[highmarkcaringplace.com/cp2/index.shtml](http://highmarkcaringplace.com/cp2/index.shtml)

**Comprehensive Care Counseling**

Phone: 717-775-8078  
2215 Forest Hills Dr. Ste. 36  
Harrisburg, PA 17112  
Ages 9 yr and up, Anxiety, Depression, Eating Disorders, parenting counseling available  
Takes Highmark Wholecare  
[comprehensivecarecounseling.com](http://comprehensivecarecounseling.com)

**Dr. Lee Morand & Associates**

Phone: 717-610-2988  
411 E. Main St.  
Mechanicsburg, PA 17055  
Children, adolescents, and teens  
[drleemorand.com](http://drleemorand.com)

**Dr. Pauline Wallin, PhD**

Phone: 717-761-1814  
201 South 32nd St.  
Camp Hill, PA 17011  
Family therapy, child custody evaluations  
Out of network provider, Medicare  
[drwallin.com](http://drwallin.com)

**Fiat Lux Counseling**

Carol B. Mack, MSW  
Phone: 717-458-8540  
219 E. Main Street, Ste 201,  
Mechanicsburg, Pa 17055  
[fiatcounseling.com](http://fiatcounseling.com)

**Dr. Christopher T. Watts, PhD**

Phone: 717-963-2269  
2001 N. Front Street, Bldg. 1, Suite 111  
Harrisburg, PA 17102

**Winding Creek Counseling Services**

Phone: 717-590-7283  
100 Winding Creek Blvd. Ste #3  
Mechanicsburg PA 17050  
Depression and anxiety, Parenting support,

Grief and loss, Bipolar, Play therapy, behavior modification, Autism spectrum services, self injury, eating disorders  
Will see children 3 years of age and older  
[windingcreekcs.com](http://windingcreekcs.com)

**Pennsylvania Counseling Services, Inc.**

Phone: 855-272-1653  
Locations in Cumberland / Perry, Dauphin, Lancaster, York, and more  
telehealth available  
Accepts Highmark Wholecare  
[pacounseling.com](http://pacounseling.com)

**Behavioral Healthcare Consultants, PC**

Phone: 717-730-2090  
645 N 12th Street  
Lemoyne PA 17043  
Age 10+  
[bhclanc.com](http://bhclanc.com)

**PinnacleHealth Psychological Associates**

Phone: 717-988-9640  
1000 Bent Creek Blvd. Ste 10  
Mechanicsburg, PA 17050  
Phone: 717-231-8360  
Brady Building  
205 S. Front St.  
Harrisburg, PA 17104  
No medical assistance  
<https://www.upmc.com/services/south-central-pa/behavioral-health>

**Franco Psychological Associates**

Phone: 717-243-1896  
26 State Avenue, Ste 101  
Carlisle, PA 17015  
Play therapy, parent-child therapy, employee assistance programs  
<https://www.francopsychological.com/>

**Palmyra Psychotherapeutic Associates**

Phone: 717-83-8881  
801 South Forge Road, Palmyra, PA 17078  
psychiatry and therapy offered

**Commonwealth Affiliates, PC**

Phone: 717-540-5353  
2215 Forest Hills Dr. #38

Harrisburg, PA 17112  
<https://commonwealthaffiliates.com/>

**Family Development Services**

Phone: 717-901-9280  
56 Erford Road, Camp Hill, PA 17011

**Stine Foundation – Transforming the Lives of Children Research & Treatment Center**

Penn State Health  
Phone: 717-531-4100  
2626 N. Third St. 2<sup>nd</sup> Floor  
Harrisburg, PA  
Trauma- Focused CBT, Parent- Child Interaction Therapy  
<https://www.pennstatehealth.org/childrens/services-treatments/stine-foundation-transforming-lives-children-research-treatment>

**Center for Hope and Healing**

Phone: 717-775-3380  
4349 Carlilse Pike, Ste 101  
Camp Hill, PA 17011  
trauma – informed approach  
<https://centerforhopeandhealing.net/>

**Upturn**

Phone: 717-745-7463  
2405 N. Front St.  
Harrisburg, PA 17110  
<https://upturntoday.weebly.com/>

**Blanc Counseling Services**

Phone: 717-303-5960  
1017 Mumma Road Suite 203, Wormleysburg, PA 17043

**The Anxiety & OCD Treatment Center of Central Pennsylvania**

Phone: 717-461-7933  
2929 Gettysburg Rd. Ste 1  
Camp Hill, PA 17011  
<https://isthisocd.com/about/>

**Campbell Psychological Services**

Phone: 717-422-6440  
25 East North St.  
Carlisle, PA 17013  
<https://campbellpsychpa.com/new-clients/>

**New Passages, Inc**

Phone: 717-234-3839  
3235 N. 3rd Street  
Harrisburg, PA 17110  
Psychological, therapeutic, and play therapy  
<https://newpassagesinc.com/>

**Michelle Kan Help, LLC**

Michelle Braceras, LPC  
Phone: 717-896-6462  
Telehealth only  
[michellekanhelp.com](http://michellekanhelp.com)

**Psychological Health Affiliates**

Phone: 717-665-2675  
1201 Slate Hill Road  
Camp Hill, PA 17011  
<https://www.phacentralpa.com/>

**Dr. Gina Daniel, DSW, LCSW**

Phone: 717-991-3333  
303 S. 32<sup>nd</sup> St.  
Camp Hill, PA 17011  
<https://www.ginadaniellcsw.com/>

**Valley Counseling Center**

Phone: 717-790-1700  
1215 Manor Drive, Ste. 209  
Mechanicsburg, PA 17055  
Play therapy, child, teen, and therapy therapy  
<https://valleycounselingcenter.com/>

**Cumberland Valley Counseling Associates**

Phone: 717-243-1511  
Stoner Office Building  
1200 Walnut Bottom Rd.  
Carlilse, PA 17015  
psychoeducational assessments, learning disabilities, gifted evaluations

**West Shore Wellness**

Phone: 717-301-4044  
4076 Market St. Ste100  
Camp Hill, PA 17011  
<https://www.westshorewellnessllc.com/>

**ADHD Solutions**

Phone: 717-208-2343

51 Central Blvd

Camp Hill, PA 17011

Also offers telehealth psychotherapy